

| Variable              | Mean | SD   | Min | Max  | Median | Q1  | Q3   | Mode | Skewness | Kurtosis | Shapiro-Wilk | Normality |
|-----------------------|------|------|-----|------|--------|-----|------|------|----------|----------|--------------|-----------|
| Age                   | 35.2 | 12.5 | 18  | 65   | 32     | 28  | 38   | 30   | 0.15     | 2.10     | 0.98         | Normal    |
| Gender                | 1.2  | 0.4  | 1   | 2    | 1      | 1   | 1    | 1    | 0.05     | 0.10     | 0.95         | Normal    |
| Education             | 12.5 | 2.1  | 9   | 16   | 12     | 11  | 13   | 12   | 0.10     | 1.80     | 0.99         | Normal    |
| Income                | 1500 | 500  | 500 | 3000 | 1200   | 800 | 1800 | 1000 | 0.20     | 2.50     | 0.97         | Normal    |
| Marital Status        | 1.5  | 0.5  | 1   | 2    | 1      | 1   | 1    | 1    | 0.05     | 0.10     | 0.95         | Normal    |
| Occupation            | 2.5  | 1.2  | 1   | 4    | 2      | 1   | 3    | 2    | 0.10     | 1.80     | 0.99         | Normal    |
| Health Status         | 1.8  | 0.6  | 1   | 2    | 1      | 1   | 1    | 1    | 0.05     | 0.10     | 0.95         | Normal    |
| Stress Level          | 3.2  | 1.5  | 1   | 5    | 3      | 2   | 4    | 3    | 0.15     | 2.10     | 0.98         | Normal    |
| Life Satisfaction     | 4.5  | 1.0  | 3   | 5    | 4      | 4   | 4    | 4    | 0.05     | 0.10     | 0.95         | Normal    |
| Work-Life Balance     | 3.8  | 1.2  | 2   | 5    | 4      | 3   | 4    | 4    | 0.10     | 1.80     | 0.99         | Normal    |
| Family Support        | 4.2  | 0.8  | 3   | 5    | 4      | 4   | 4    | 4    | 0.05     | 0.10     | 0.95         | Normal    |
| Community Involvement | 2.8  | 1.1  | 1   | 4    | 3      | 2   | 3    | 3    | 0.10     | 1.80     | 0.99         | Normal    |
| Personal Growth       | 3.5  | 1.3  | 2   | 5    | 3      | 2   | 4    | 3    | 0.15     | 2.10     | 0.98         | Normal    |
| Overall Well-being    | 4.0  | 0.9  | 3   | 5    | 4      | 4   | 4    | 4    | 0.05     | 0.10     | 0.95         | Normal    |

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